

Lexington Medical Center Swansea Internal Medicine

A Lexington Medical Center Physician Practice

935 W. Second St., Swansea, SC 29160

Ph: (803) 568-2000



Lexington Medical Center

Diabetic Blood Sugar Log

Name: _____ Month: _____ Year: _____

| Day | Breakfast | | Lunch | | Dinner | | Bedtime | Other | Comments |
|-----|-----------|-------|--------|-------|--------|-------|---------|-------|----------|
| | Before | After | Before | After | Before | After | | | |
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| 31 | | | | | | | | | |

AACE: Fasting/Pre-Meal: 70-110
 2 Hours After Meals: 70-140
 Bedtime: 100-140

ADA: Fasting/Pre-Meal: 80-130
 2 Hours After Meals: 80-180
 Bedtime: 100-180

Other: _____